

NATALIE BROOKS

POLYSOMNOGRAPHIC TECHNOLOGIST

CONTACT

✉ natalie.brooks@email.com

☎ (704) 555-0132

🏠 Charlotte, NC

🌐 linkedin.com/in/nataliebrooks

SKILLS

- Polysomnography
- PSG
- MSLT
- MWT
- CPAP
- BiPAP
- Physiologic Calibrations
- Medical Terminology
- Communication Skills
- Work Independently

EDUCATION

Associate in Applied Science

05/2021

Catawba Valley Community College

Hickory, NC

Polysomnography

CERTIFICATES

Registered Polysomnographic Technologist (RPSGT)

02/2022

Board of Registered Polysomnographic Technologists

Basic Life Support (BLS)

08/2025

American Heart Association

SUMMARY

Polysomnographic technologist with 5 years of attended sleep testing, RPSGT-credentialed since 2022, working 2-patient night shifts at a 10-bed accredited sleep center. Runs polysomnography, split-night, CPAP and BiPAP titrations, MSLT and MWT studies and scores them to AASM rules. Able to work independently overnight, with communication skills that help patients settle in.

EXPERIENCE

Polysomnographic Technologist

05/2023 - Present

Queen City Sleep Center

Charlotte, NC

10-bed AASM-accredited sleep disorders center serving adult and adolescent patients.

- Run attended polysomnography on 2 patients a night, about **450** studies a year, including split-night protocols.
- Complete physiologic calibrations and impedance checks at lights out, keeping studies rejected for poor signal under 1%.
- Adjust CPAP and BiPAP pressures and oxygen by protocol, and fit masks for 30+ new PAP patients a month.
- Review PSG, MSLT and MWT studies to AASM scoring rules, reaching 92% agreement on monthly inter-scorer checks.
- Verify medical history, orders and protocols before each study, catching 15 order mismatches during 2026.

Sleep Technician

06/2021 - 04/2023

Piedmont Sleep Diagnostics

Hickory, NC

6-bed outpatient sleep lab affiliated with a pulmonary practice.

- Applied EEG, EOG, EMG and respiratory sensors by the 10-20 system for 2-3 patients per night.
- Monitored tracings for artifact and corrected leads in real time, documenting sleep stages and clinical events.
- Disinfected sensors, masks and hoses for 6 beds each morning following infection control protocols.
- Prepared 20 home sleep test kits a week and walked patients through setup using plain medical terminology.
- Scored 6-8 diagnostic studies a week for physician review, learning AASM rules ahead of the registry exam.