

Tyler Washington

Qualified Mental Health Professional

Qualified mental health professional (QMHP-A) with 2 years of community and crisis unit work with adults living with serious mental illness. Delivers mental health skill-building, crisis intervention and case management to a caseload of 18, and co-facilitates group therapy sessions with licensed clinicians. Writes clear, timely service notes.

✉ tyler.washington@email.com ☎ (804) 555-0191 📍 Richmond, VA 🌐 [linkedin.com/in/tylerwashington](https://www.linkedin.com/in/tylerwashington)



EXPERIENCE

Qualified Mental Health Professional 03/2025 - Present

River City Community Services Richmond, VA

Community provider of mental health skill-building services for adults on Medicaid.

- Deliver weekly mental health skill-building visits to a caseload of 18 adults at home and in the community.
- Coach clients on budgeting, medication routines and bus travel, helping 6 move into independent housing in 2025.
- Coordinate case management with psychiatrists, social services and landlords to keep each service plan on track.
- Document every visit in the electronic health record within 24 hours, with all notes passing 3 Medicaid audits.

Behavioral Health Technician 06/2023 - 02/2025

James River Crisis Stabilization Unit Richmond, VA

16-bed adult crisis stabilization unit; part-time during college, then full-time.

- Monitored up to 16 residents a shift with 15-minute safety checks and detailed observation notes.
- Co-facilitated daily coping skills groups of 6 to 10 residents with the unit therapist.
- De-escalated about 3 agitated residents a week using verbal crisis intervention techniques.
- Admitted 8 to 12 new residents a week, completing safety searches and unit orientation.



CERTIFICATES

Qualified Mental Health Professional - Adult (QMHP-A) Registration

02/2025

Virginia Board of Counseling

Nonviolent Crisis Intervention 07/2023

Crisis Prevention Institute (CPI)



SKILLS

Crisis Intervention
Case Management
Mental Health Skill-Building
Group Therapy
De-escalation
Safety Planning
Service Plans
Electronic Health Records
Medication Management Support
Professionalism



EDUCATION

Bachelor of Science

12/2023

Virginia Commonwealth University
Richmond, VA
Psychology