Theresa Boone

REGIONAL REGISTERED DIETITIAN

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SUMMARY

Regional Registered Dietitian with 10 years in clinical and long-term care nutrition, now overseeing 14 skilled nursing and assisted living communities. Keeps buildings survey-ready on CMS regulations, coaches facility dietitians and dietary managers, and uses monthly data reviews to cut weight loss and pressure injuries across the region.

SKILLS

CMS Regulations • Medical Nutrition Therapy • Nutrition Assessment • MDS • QAPI • Therapeutic Diets
IDDSI • Food Safety • Communication • Leadership

EXPERIENCE

Regional Registered Dietitian 04/2022 - Present
Crossroads Senior Care Group Indianapolis, IN
Operator of 14 skilled nursing and assisted living communities in Indiana and Ohio.

- Oversee clinical nutrition for **1,300** residents in 14 communities, supervising 9 facility dietitians.
- Lead survey preparation on CMS regulations for every building, with 11 of 14 surveys free of dietary tags last year.
- Cut significant unplanned weight loss across the region from 7.8% to 4.1% through monthly QAPI risk reviews.
- Review 300 MDS Section K entries a quarter, raising coding accuracy from 86% to 97%.
- Train 120 dietary managers and cooks a year on therapeutic diets, IDDSI textures and food safety.

Consultant Dietitian 06/2018 - 03/2022
Eagle Creek Nutrition Consultants Carmel, IN
Dietitian consulting firm contracted by 20 nursing homes.

- Covered 5 nursing homes with **520** residents, completing assessments and care plan updates on time 99% of the time.
- Reviewed seasonal menus for nutritional adequacy and diet extensions at 8 facilities.
- Lowered pressure injury rates 25% at 2 facilities through protein and hydration protocols.

Clinical Dietitian 07/2016 - 05/2018
Fishers Community Hospital Fishers, IN
200-bed community hospital.

- Delivered medical nutrition therapy and nutrition assessments for **15** patients a day on medical, surgical and renal units.
- Taught diabetes classes for 30 outpatients a month.
- Counseled 20 dialysis patients a month on renal diets with the nephrology team.

EDUCATION

Bachelor of Science 05/2015
Purdue University West Lafayette, IN
Nutrition Science (Dietetics)

CERTIFICATES

Registered Dietitian Nutritionist (RDN)
Commission on Dietetic Registration
06/2016

Certified Dietitian
Indiana Professional Licensing Agency
07/2016