Emily Tran

Rehab Aide

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SUMMARY

Rehab aide with 1.5 years on a 9-therapist team at a 150-bed skilled nursing facility and a B.S. in kinesiology. Builds the daily therapy schedule in Excel, assists with patient transfers and keeps rehab equipment safe, using organizational skills and customer service learned as a senior living caregiver.

EXPERIENCE

Rehab Aide

04/2025 - Present

River Oaks Post-Acute Care — Sacramento, CA

150-bed skilled nursing facility with PT, OT and speech therapy.

- Build the daily therapy schedule in Excel for **9** therapists and about 55 residents.
- Guide residents to the rehab gym and set up patient transfers with gait belts for the therapist.
- Check walkers, wheelchairs and parallel bars weekly, tagging out 14 unsafe items last year.
- Track therapy minutes against Medicare schedules and flag 5-10 residents a week who are running short.

Caregiver (Part-Time)

09/2023 - 03/2025

Golden Hills Senior Living — Sacramento, CA

Assisted living community of 90 residents.

- Provided patient care to **10** residents a shift, including bathing, grooming and meals.
- Walked residents to meals and activities, following the fall plans set by their care team.
- Logged care tasks and changes in condition on the facility tablet before the end of each shift.
- Answered family calls and visits with clear updates, earning 3 written thank-yous from families.

SKILLS

- **Patient Care**
- **Patient Transfers**
- **Therapy Scheduling**
- **Excel**
- **Rehab Equipment Checks**
- **Medical Terminology**
- **Infection Control**
- **Computer Skills**
- **Customer Service**
- **Organizational Skills**

EDUCATION

Bachelor of Science

California State University, Sacramento

Kinesiology

Sacramento, CA

05/2024

CERTIFICATES

Basic Life Support (BLS) Provider

American Heart Association

03/2025

Home Care Aide Registration

California Department of Social Services

08/2023