

Grace Okafor

RN Care Manager

RN Care Manager with 9 years of nursing, including 4 years in care management for high-risk patients with heart failure, COPD and diabetes in Richmond. Leads care coordination after discharge, handles utilization management reviews and coaches patients on chronic disease management with motivational interviewing. Holds an active Virginia RN license and CCM certification.

✉ grace.okafor@email.com

☎ (804) 555-0159

📍 Richmond, VA

🌐 [linkedin.com/in/graceokafor](https://www.linkedin.com/in/graceokafor)



EXPERIENCE

RN Care Manager

03/2022 - Present

James River Health Partners

Richmond, VA

Health system ACO managing care for about 45,000 patients.

- Manage a panel of 90 high-risk patients with heart failure, COPD and diabetes through calls and home visits.
- Complete transition-of-care calls within 2 business days of discharge, cutting 30-day readmissions from 18% to 12%.
- Review about 25 admissions a week against InterQual criteria for utilization management decisions.
- Coach patients on medications and diet with motivational interviewing, raising A1C control to 64% of the diabetic panel.

Registered Nurse, Cardiac Step-Down

07/2019 - 02/2022

Commonwealth General Hospital

Richmond, VA

400-bed acute care hospital.

- Cared for 4-5 telemetry patients per shift after heart attacks, stents and heart surgery.
- Taught discharge education on heart failure, medications and daily weights to 15+ patients a week.
- Partnered with case management to set up home health and equipment before discharge, shortening stays by half a day.
- Precepted 8 new graduate nurses on assessment, telemetry and clinical judgment.

Registered Nurse, Medical-Surgical

07/2017 - 06/2019

Shockoe Valley Medical Center

Richmond, VA

220-bed community hospital.

- Cared for 5-6 adult medical-surgical patients per shift, including post-op and diabetic patients.
- Educated patients on insulin, wound care and new medications before discharge.
- Charted assessments and care plans in the EHR, with 98% compliance on unit documentation audits.



SKILLS

Care Management

Care Coordination

Case Management

Chronic Disease
Management

Utilization Management

InterQual

Motivational Interviewing

Patient Education

Microsoft Office

Clinical Judgment



EDUCATION

Bachelor of Science in Nursing

05/2017

Virginia Commonwealth
University

Richmond, VA

Nursing



CERTIFICATES

Registered Nurse (RN)

07/2017

Virginia Board of Nursing

Certified Case Manager (CCM)

10/2023

Commission for Case
Manager Certification