

Karen O'Brien

// RN Unit Manager

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> SUMMARY

RN Unit Manager with ten years in skilled nursing, the last four leading a 60-bed short-term rehab unit. Hires and develops staff, keeps care plans and documentation survey-ready, and works with therapy and physicians to get residents home safely.

> SKILLS

- Clinical Assessment • Nursing and Medical Practices and Procedures • Care Plan Management
- Infection Control • Wound Care • Regulatory Compliance (CMS F-Tags) • PointClickCare • Microsoft Office
- Leadership • Problem-Solving Skills

> EXPERIENCE

RN Unit Manager

02/2022 - Present

Allegheny Ridge Rehabilitation and Nursing

Pittsburgh, PA

Short-term rehabilitation unit in a 180-bed skilled nursing facility.

- Manage a **60-bed** short-term rehabilitation unit with 28 nurses and CNAs, handling hiring, schedules and annual reviews.
- Review new admissions within 24 hours and approve care plans with therapy, dietary and social services.
- Reduced 30-day hospital readmissions from 21% to 14% by adding daily huddles on high-risk residents.
- Run monthly infection-control and wound audits; facility-acquired pressure injuries stayed under 1% for 18 straight months.

Charge Nurse (RN)

07/2016 - 01/2022

Monongahela Valley Care Center

McKeesport, PA

45-bed long-term care unit, day shift.

- Directed care on a 45-bed long-term care unit, assigning 2 LPNs and 7 CNAs each day shift.
- Performed admission and quarterly assessments, monitored residents for changes, and updated physicians and families.
- Precepted **15** new graduate nurses on medication pass, documentation and resident safety.
- Gave medications and treatments to 22 residents per shift and transcribed physician orders in PointClickCare.

> EDUCATION

Bachelor of Science in Nursing (BSN)

05/2016

University of Pittsburgh

Pittsburgh, PA

Nursing

> CERTIFICATES

Registered Nurse (RN) License

07/2016

Pennsylvania State Board of Nursing

Basic Life Support (BLS)

05/2025

American Heart Association

Wound Care Certified (WCC)

10/2021

National Alliance of Wound Care and Ostomy