

Rebecca Lindqvist

Sleep Technician

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SUMMARY

Sleep technician with 1.5 years of overnight sleep testing, CPSGT since 2026, and 2 earlier years as a clinic medical assistant. Sets up diagnostic and CPAP studies, home sleep tests and morning downloads, and uses medical terminology accurately in every chart note. Clear communication with patients from age 6 to 90.

SKILLS

Sleep Studies • Polysomnography • Sensor Application • CPAP • Home Sleep Test • Pediatric Hookups • ECG
EHR • Medical Terminology • Communication

EXPERIENCE

Sleep Technician

04/2025 - Present

North Loop Sleep Health

Minneapolis, MN

8-bed sleep lab serving adult and pediatric patients from 3 clinics.

- Set up and monitor overnight sleep studies on 2 patients a night, about **300** studies a year.
- Deliver 12 home sleep test kits a week with hands-on setup teaching, holding the failed-test rate at 6%.
- Document lights-out baselines, events and patient comments in the record for the morning scorer.
- Apply sensors to the 10-20 system and AASM rules, including child-friendly hookups for 15 pediatric studies a month.
- Maintain sensors, masks and hoses under infection control rules, disinfecting about 16 sets after each night.

Medical Assistant

06/2023 - 03/2025

Lake Harriet Family Clinic

Minneapolis, MN

Family medicine clinic with 7 providers.

- Roomed 25-30 patients a day, taking vital signs and histories with correct medical terminology.
- Performed ECGs and spirometry for 10+ patients a week under provider orders, uploading results for same-day review.
- Scheduled sleep medicine referrals and follow-ups, cutting referral wait from 5 weeks to 3.
- Entered orders and visit notes in the EHR and handled prior authorization calls for 40 patients a month.

EDUCATION

Associate of Science

05/2023

Normandale Community College

Bloomington, MN

Biology

CERTIFICATES

Certified Polysomnographic Technician (CPSGT)

Board of Registered Polysomnographic Technologists

03/2026

Basic Life Support (BLS)

American Heart Association

11/2025