

Megan Calloway

SLEEP TECHNOLOGIST

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Summary

Sleep technologist with 4 years of overnight polysomnography and daytime MSLT testing, RPSGT since 2023. Runs diagnostic, split-night and CPAP titration studies for 2 patients a night, scores with attention to detail and keeps every record HIPAA-compliant. Communication skills help anxious first-time patients finish the full study.

Skills

- Polysomnography • MSLT • MWT • CPAP • EEG • Sleep Scoring • Home Sleep Test • HIPAA • Attention to Detail
- Communication Skills

Experience

Sleep Technologist

Desert Valley Sleep Institute

03/2024 - Present

Phoenix, AZ

12-bed sleep center run by a pulmonary and sleep medicine group.

- Conduct polysomnography studies on 2 patients a night across 4 shifts a week, about **380** studies a year.
- Analyze sleep stages, arousals, respiratory events and limb movements, matching the medical director's scoring 94% of the time.
- Adjust CPAP pressure through each titration night, with 85% of titrations reaching an optimal pressure.
- Lead MSLT and MWT daytime protocols, timing naps and lights-out to the minute for 6-8 patients a month.
- Review EEG channels for seizure activity or arrhythmia and call the on-call physician by protocol.

Sleep Technician

Sonoran Sleep Lab

07/2022 - 02/2024

Mesa, AZ

6-bed independent diagnostic sleep lab in the East Valley.

- Applied EEG and respiratory sensors for 2-3 patients per night under AASM hookup standards, finishing each hookup in about 40 minutes.
- Explained procedures and answered questions for 15+ new patients a week before lights out, including first-time CPAP users.
- Issued and downloaded 25 home sleep test devices a week, flagging failed recordings for a repeat night.
- Tracked electrode and sensor inventory, cutting rush supply orders by 40% in one year.

Education

Associate of Applied Science

GateWay Community College

Polysomnographic Technology

05/2022

Phoenix, AZ

Certificates

Registered Polysomnographic Technologist (RPSGT)

Board of Registered Polysomnographic Technologists

04/2023

Basic Life Support (BLS)

American Heart Association

01/2026