

Caroline Ashford

Speech-Language Pathologist

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SUMMARY

ASHA-certified speech-language pathologist with 4 years in skilled nursing, acute care and inpatient rehabilitation, licensed in North Carolina. Evaluates and treats swallowing, aphasia and cognitive-communication disorders, runs modified barium swallow studies and writes individualized treatment plans with the rehab team. Keeps communication with patients and families clear at every step.

EDUCATION

Master of Science

05/2022

University of North Carolina at Chapel Hill
Speech-Language Pathology

Chapel Hill, NC

EXPERIENCE

Speech-Language Pathologist

06/2024 - Present

Triangle Regional Medical Center

Raleigh, NC

500-bed hospital; acute care floors, ICU and a 30-bed inpatient rehab unit.

- Complete **10-12** speech-language evaluations and bedside swallow screens a day across acute care and the ICU.
- Perform 25 modified barium swallow studies a month with radiology, plus FEES for patients who cannot leave the unit.
- Develop individualized treatment plans for stroke and brain injury patients; 80% met discharge goals in 2025.
- Deliver aphasia and cognitive-communication therapy on the rehab unit, 6-8 sessions a day.
- Collaborate with physicians and nurses on diet orders, cutting aspiration pneumonia rates on 2 stroke units by 18%.

Speech-Language Pathologist

07/2022 - 05/2024

Oak City Rehabilitation Center

Durham, NC

120-bed skilled nursing and rehab facility; clinical fellowship year included.

- Treated **12-14** residents a day for dysphagia, aphasia and dementia-related communication problems.
- Finished a 9-month clinical fellowship under a CCC-SLP mentor and earned ASHA certification in 08/2023.
- Documented daily notes and progress reports to Medicare standards, passing 3 chart audits with no findings.
- Trained 40 nursing assistants on safe swallowing strategies and diet texture levels.

SKILLS

Individualized Treatment Plans • Speech-Language Evaluations • Dysphagia • Modified Barium Swallow Studies • FEES
Bedside Swallow Screens • Aphasia • Cognitive-Communication Therapy • Communication • Interpersonal Skills

CERTIFICATES

Certificate of Clinical Competence (CCC-SLP)

American Speech-Language-Hearing Association (ASHA)

08/2023

Speech-Language Pathologist License

North Carolina Board of Examiners for Speech and Language Pathologists and Audiologists

08/2023

BLS Provider

American Heart Association

03/2026