Tyler Jensen

Lifeguard

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SUMMARY

University of South Florida sophomore and Red Cross certified lifeguard with two seasons at a busy community pool. Monitors crowds of 200+ swimmers, runs chemical testing and enforces pool rules with good customer service. Trained in water rescues, rescue techniques, CPR, first aid and AED, and stays calm in emergencies.

SKILLS

- **CPR**
- **First Aid**
- **AED**
- **Water Rescues**
- **Rescue Techniques**
- **Chemical Testing**
- **Pool Safety**
- **Swim Instruction**
- **Customer Service**
- **Communication**

EXPERIENCE

Lifeguard

05/2025 - Present

Westshore Family Aquatic Club

Tampa, FL

Outdoor 25-yard pool and splash pad serving 1,400 member families; part-time during the school year.

- Monitor **200+** swimmers from the stand on summer weekends, rotating every 20 minutes with 5 other guards.
- Performed 4 water rescues and treated 30+ minor injuries with first aid, filing an incident report for each.
- Test chlorine and pH every 2 hours and log results for the county health inspector.
- Enforce pool rules with members and guests, and drill on spinal and active victim rescues monthly.

Swim Instructor

06/2024 - 04/2025

Tampa Bay Swim School

Tampa, FL

Learn-to-swim school for children ages 3 to 12.

- Taught **12** group classes a week of up to 6 children each across 4 skill levels.
- Moved 70% of beginner students up a level within one 8-week session.
- Updated parents after each class on skills learned and the next goal, using clear and friendly communication.
- Coached 3 swim team hopefuls on stroke technique and breathing in weekly private lessons.

EDUCATION

Bachelor of Science

University of South Florida

Exercise Science

Tampa, FL

05/2029

CERTIFICATES

Lifeguarding with CPR/AED and First Aid 04/2025

American Red Cross

Water Safety Instructor 05/2024

American Red Cross