

Kayla Brennan

Swim Instructor

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SUMMARY

Swim instructor with 18 months of lessons for children ages 6 months to 12 years and a Red Cross Water Safety Instructor certification. Teaches 28 lessons a week with clear water safety rules, steady stroke instruction and patience with nervous beginners. Kinesiology student with a prior year of lifeguarding at a busy club pool.

SKILLS

Water Safety • Stroke Instruction • Lesson Planning • Skill Assessments • Parent-Tot Lessons • Lifeguarding
First Aid • CPR/AED • Customer Service • Patience

EXPERIENCE

Swim Instructor

04/2025 - Present

Bayshore Aquatic Swim School

Tampa, FL

Part-time instructor at a year-round indoor swim school with about 900 enrolled students, working 4 evenings and Saturdays.

- Teach **28** lessons a week for ages 6 months to 12 years, in private sessions and groups of up to 4.
- Run parent-tot lessons for 3 Saturday classes, coaching parents on safe holds, back floats and water entry.
- Complete skill assessments every 4 weeks; 70% of beginner students passed to the next level within 8 weeks.
- Adapt lesson planning for 5 students with autism or sensory needs, using picture cards and shorter drills.

Lifeguard

05/2024 - 03/2025

Hillsborough Bay Swim & Racquet Club

Tampa, FL

Seasonal and weekend lifeguard at a private club pool with 1,100 member families, a splash pad and a swim team.

- Guarded a 25-yard pool and splash area for up to 150 swimmers per shift, rotating stands every 20 minutes.
- Performed 6 water rescues and 14 first aid responses, documenting each incident for the aquatics manager.
- Enforced water safety rules and ran swim tests for children under 12 before deep-end access.
- Delivered customer service at the front desk, checking in members and answering questions on lessons and pool hours.

EDUCATION

Bachelor of Science

05/2027

University of South Florida

Tampa, FL

Kinesiology

CERTIFICATES

Water Safety Instructor (WSI)

American Red Cross

03/2025

Lifeguarding with CPR/AED and First Aid

American Red Cross

04/2024

SafeSport Core Training

U.S. Center for SafeSport

04/2025