

ISAIAH FOSTER

THERAPEUTIC RECREATION AIDE

CONTACT

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SKILLS

- Activity Programming
- Dementia Care
- Wheelchair Transfers
- Gait Belts
- Resident Safety
- PointClickCare
- Sensory Kits
- Reminiscence Groups
- Compassionate Care
- Teamwork

EDUCATION

Certificate 12/2022
Atlanta Technical College
Atlanta, GA
Certified Nursing Assistant
Program

CERTIFICATES

Certified Nursing Assistant (CNA)

01/2023
Georgia Nurse Aide Registry

Basic Life Support (BLS) Provider

06/2025
American Heart Association

SUMMARY

Therapeutic recreation aide and certified nursing assistant with 3 years in skilled nursing and senior living. Runs about 20 activity sessions a week for residents in dementia care and with limited mobility, handles safe wheelchair transfers, and keeps participation logs complete for care plan reviews.

EXPERIENCE

Therapeutic Recreation Aide

06/2024 - Present

Peachtree Gardens Health Center

Atlanta, GA

150-bed skilled nursing center with a 32-bed memory care unit.

- Run about **20** sessions a week, including chair exercise, bingo, music and reminiscence groups.
- Manage wheelchair transfers and escorts for 25 residents a day to and from programs, using gait belts for resident safety.
- Record participation and mood for each resident in PointClickCare so the recreation director has complete care plan data.
- Organize 1-to-1 room visits for 18 bed-bound residents with sensory kits, music and hand massage.

Dietary Aide

01/2023 - 05/2024

Magnolia Senior Living

Decatur, GA

Assisted living community with 90 residents.

- Served 3 meals a day to **90** residents, following texture and allergy orders on every tray.
- Encouraged residents with poor appetite at meals and reported weight changes to nursing for 6 residents.
- Set up rooms and escorted residents for 4 monthly parties and activity events with the activity director.
- Logged fridge and freezer temperatures twice a day, passing 2 county health inspections.