

Lauren Pierce

Therapeutic Recreation Coordinator

Therapeutic recreation coordinator and CTRS with 6 years in senior living and rehabilitation, now running the program for a 300-resident continuing care community. Handles program planning across 3 levels of care, supervises 4 staff and 25 volunteers, and keeps leisure assessments and care plans current for state surveys.

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EXPERIENCE

Therapeutic Recreation Coordinator

01/2023 - Present

Oak Hollow Retirement Community

Raleigh, NC

Continuing care community with independent living, assisted living and 90 skilled nursing beds.

- Direct therapeutic recreation for 300 residents across 3 levels of care, building a 120-event monthly calendar.
- Oversee staff supervision and scheduling for 4 recreation assistants and 25 volunteers, with only 1 staff departure in 2 years.
- Review leisure assessments and care plans each month, finishing 2 state surveys with zero recreation citations.
- Manage a \$48K program budget that now funds a Parkinson's exercise group that meets 3 days a week.

Recreational Therapist

05/2020 - 12/2022

Wake Pines Rehabilitation and Nursing

Cary, NC

120-bed short-term rehabilitation and long-term care center.

- Assessed 25 new admissions a month and wrote individualized treatment plans tied to therapy goals.
- Led daily groups for 15 to 25 residents, including chair yoga, cognitive games and music and memory sessions.
- Documented progress in the EHR and reported resident changes in weekly interdisciplinary team meetings.
- Started a pen-pal program with 2 local elementary schools that matched 40 residents with students.

Activity Assistant

08/2018 - 12/2019

Glenwood Senior Center

Raleigh, NC

Municipal senior center; part-time during college.

- Ran 6 weekly fitness and craft classes for 20 to 35 older adults.
- Organized 10 day trips a year, handling sign-ups, bus booking and medication lists.
- Recruited 12 student volunteers for a weekly technology help hour for seniors.



SKILLS

Therapeutic Recreation
Program Planning
Leisure Assessments
Care Plans
Treatment Plans
Staff Supervision
Program Budget
Volunteer Coordination
Communication
Leadership



EDUCATION

Bachelor of Science

05/2020

East Carolina University
Greenville, NC
Recreational Therapy



CERTIFICATES

Certified Therapeutic Recreation Specialist (CTRS)

07/2020

National Council for
Therapeutic Recreation
Certification

Basic Life Support (BLS) Provider

05/2025

American Heart
Association