Grace Adeyemi

CAREGIVER

Columbus, OH
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Certificates

CPR and First Aid
American Heart Association
08/2025

Hospice Volunteer Training (24 hours)
Riverbend Hospice and Palliative Care
04/2025

Skills

Companionship
Meal Preparation
Light Housekeeping
Emotional Support
Dementia Care
Medication Reminders
Mobility Assistance
CPR and First Aid • Compassion
Work Independently

Summary

Caregiver with 2 years of hospice and senior companion volunteering, supporting up to 4 older adults a week in their homes. Gives companionship, meal preparation, light housekeeping and emotional support, and follows care plans for clients who need dementia care. CPR and First Aid certified, reliable with a car and able to work independently on evening and weekend shifts.

Experience

Hospice Volunteer 04/2025 - Present

Riverbend Hospice and Palliative Care Columbus, OH

Patient and family support volunteer for a home hospice program with 180 patients.

- Support **4** home hospice patients a week with companionship, reading and music during 3-hour visits.
- Deliver respite for family caregivers, covering 120+ hours so spouses can rest or run errands.
- Handle light housekeeping and meal preparation for 2 patients living alone, following diet notes in the care plan.
- Report changes in mood, appetite or pain to the nurse case manager within 24 hours of each visit.

Senior Companion (Volunteer) 09/2024 - 03/2025

Clintonville Neighbors Senior Program Columbus, OH

Weekly companion visits and errands for older adults aging at home.

- Engaged 2 seniors needing dementia care twice a week with memory activities and medication reminders.
- Drove clients to 30 medical appointments and grocery trips, giving mobility assistance with walker transfers.
- Planned simple weekly menus within a low-sodium diet for 1 client with heart failure.
- Encouraged daily 15-minute walks that raised one client's weekly step count by 40%.

Education

High School Diploma 05/2024

Whetstone High School Columbus, OH