

Renee Kowalski

Wellness Coordinator

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📍 Columbus, OH

🌐 linkedin.com/in/reneekowalski

SKILLS

Assisted Living Regulations —●

Resident Assessments —●

Care Plans —●

Medication Administration —●

State Surveys —●

Falls Prevention —●

Staff Scheduling —●

Microsoft Office —●

Leadership Skills —●

Communication Skills —●

EDUCATION

Diploma 05/2021

Columbus State Community College

Columbus, OH

Practical Nursing

CERTIFICATES

Licensed Practical Nurse (LPN)

06/2021

Ohio Board of Nursing

Basic Life Support (BLS)

02/2026

American Heart Association

Certified Dementia Practitioner (CDP)

09/2024

National Council of Certified Dementia Practitioners

SUMMARY

Licensed practical nurse with 5 years in senior living, including 2 years as wellness coordinator for a 96-apartment assisted living community. Oversees resident assessments, medication administration and care plans in line with current assisted living regulations. Leads a team of 14 aides with steady leadership skills and clear communication skills with families.

EXPERIENCE

Wellness Coordinator 08/2024 - Present

Maple Crest Assisted Living Dublin, OH

96-apartment assisted living and memory care community.

- Complete move-in and quarterly resident assessments for **88** residents and update each care plan within 48 hours.
- Oversee 14 resident care aides and med techs, handling staff scheduling that keeps overtime under 5%.
- Coordinate preparation for state surveys, closing the 2025 inspection with zero deficiencies.
- Resolve family concerns within one business day and log each call in the resident file.

Licensed Practical Nurse 06/2021 - 07/2024

Riverside Gardens Senior Living Columbus, OH

Assisted living community with 70 residents.

- Passed medications and treatments for 32 residents per shift with accurate charting in the EHR.
- Monitored vital signs, weights and changes in condition, reporting concerns to physicians the same day.
- Taught aides safe transfer methods, including lifts up to 50 lbs, with zero staff injuries in 2023.
- Ran weekly falls prevention and chair exercise classes for 25 residents, tracking attendance in Microsoft Office.