

Patricia Lindqvist

WELLNESS DIRECTOR

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SUMMARY

Registered nurse with 11 years in senior care, including 7 years leading clinical teams in assisted living and memory care. Directs nursing staff, care planning and survey readiness for 140 residents under Florida assisted living regulations. Pairs clear communication with families and physicians with careful budget management and quality assurance.

EXPERIENCE

Wellness Director

02/2022 - Present

Bayshore Palms Senior Living

Tampa, FL

140-resident assisted living and memory care community.

- Lead a clinical team of **38** nurses, med techs and caregivers across three shifts and two neighborhoods.
- Direct resident assessments and care plans, earning deficiency-free state surveys in 2023 and 2025.
- Manage a \$1.9M wellness payroll and supply budget, finishing 2025 at 3% under plan.
- Cut hospital readmissions from 19% to 11% by adding nurse follow-up calls and weekly physician rounds.

Resident Care Director

05/2019 - 01/2022

Harbor Oaks Assisted Living

Clearwater, FL

92-resident assisted living community.

- Supervised 22 nursing staff and rebuilt orientation, raising 90-day retention from 60% to 78%.
- Ran the infection control program through COVID-19, with weekly testing for all residents and staff.
- Audited medication records monthly and lowered medication errors by 45% over two years.

Registered Nurse

06/2015 - 04/2019

Gulf Coast Rehabilitation Center

St. Petersburg, FL

120-bed skilled nursing and rehabilitation facility.

- Provided skilled care for 24 rehab patients per shift, including wound care and IV therapy.
- Coordinated weekend shifts as charge nurse for 6 CNAs and 2 LPNs, presenting quality assurance data monthly.

SKILLS

Clinical Leadership	Assisted Living Regulations	Care Planning	Resident Assessments
Infection Control	Quality Assurance	Budget Management	Medication Management
Staff Development	Communication		

EDUCATION

Bachelor of Science in Nursing

05/2015

University of South Florida
Nursing

Tampa, FL

CERTIFICATES

Registered Nurse (RN)

06/2015

Florida Board of Nursing

Assisted Living Facility Core Training

03/2021

Florida Agency for Health Care Administration