Gabriela Torres

Zumba Instructor

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SUMMARY

Licensed Zumba instructor with 4 years teaching dance fitness at a neighborhood gym and a community center. Leads 8 classes a week of 20-35 people in Zumba, Zumba Gold and Zumba Toning, with choreography that beginners can follow and regulars still enjoy. Fills in for other instructors on short notice and brings new members to class every month.

EDUCATION

Associate in Arts 05/2021

Miami Dade College Miami, FL

General Studies

EXPERIENCE

Zumba Instructor 05/2023 - Present

Coral Way Fitness Center Miami, FL

Neighborhood gym with 3,000 members and 60 weekly classes.

- Teach **5** Zumba and Zumba Toning classes a week, averaging 30 participants per class.
- Create 40+ routines a year from Latin, reggaeton and pop tracks, adding 4 new songs each month.
- Grew Wednesday night attendance from 12 to 34 in 8 months through member events and a class group chat.
- Model low-impact options so first-timers can keep up, welcoming 20+ new participants a month.

Fitness Instructor 08/2022 - Present

Little Havana Community Center Miami, FL

City-funded community center; part-time, 3 classes a week.

- Lead 3 Zumba Gold classes a week for 25 older adults with chair and standing options.
- Planned a 10-week dance fitness series funded by a $6,000 city wellness grant.
- Collect participant feedback each quarter and adjust music selection and pace to match.

SKILLS

Zumba • Zumba Gold • Zumba Toning • Dance Fitness • Choreography • Low-Impact Options Music Selection • CPR/AED • Interpersonal Skills • Communication Skills

CERTIFICATES

Zumba Basic 1 Instructor License

Zumba Fitness

06/2022

Zumba Gold Instructor License

Zumba Fitness

10/2022

CPR/AED

American Red Cross

03/2026